



Indian Council for Cultural Relations
भारतीय सांस्कृतिक सम्बंध परिषद्

SWAMI VIVEKANANDA CULTURAL CENTRE
HIGH COMMISSION OF INDIA
COLOMBO
SRI LANKA

REPORT ON ACTIVITIES HELD
AT THE
CENTRE DURING THE MONTH OF
MAY 2021

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Performing/Visual Art events by artistes/groups from India

S.N o.	Name of artiste/group	Venue	No. of audience
01	A musical tribute to Gurudev Rabindranath Tagore on his 160th birth anniversary by Sri Arnab Bhattacharya on Sarod and Nilimesh Chakraborty on Tabla on 7 th May 2021.	Online	1000
02	Rabindra Sangeet by Tiya Chatterjee on the occasion of 160 th Birth Anniversary of Gurudev Rabindranath Tagore on 9 th May 2021	Online	1200
03	International Day of Yoga 2021 curtain raiser event – Online yoga session – Yoga Chikithsa , " Siddha & Pandemic Managing Covid 2nd Wave in India" by Dr R. Vetrivendan (B.S.M, MSc.- Yoga Therapy) on 10th May 2021	Online	450
04	Cookery Demonstration for Eid Festival – Layered Vermicelli cake by Ms. Rumi Goswami on 13 th May 2021	Online	1000
05	International Day of Yoga 2021 curtain raiser event – Online yoga session – Yoga for Kids by Niby Sujesh on 15 th May 2021	Online	65
06	International Day of Yoga 2021 curtain raiser event – Online yoga session – Yoga for all by Sona Jain on 15 th May 2021	Online	70
07	International Day of Yoga 2021 curtain raiser event – Online yoga session – Sthree yoga by Niby Sujesh on 23 rd May 2021	Online	35
08	Bharatha Natyam recital by Meera Santosh Iyer and her disciple on 28 th May 2021.	Online	1200

09	International Day of Yoga 2021 curtain raiser event – Online yoga session – Mental Health by Mr. Ajay Kumbhar,Yoga Expert on 29 th May 2021.	Online	650
10	International Day of Yoga 2021 curtain raiser event – Online yoga session – Yoga for Beauty by Niby Sujesh on 30 th May 2021	Online	80
11	International Day of Yoga 2021 curtain raiser event – Online yoga session - Power Yoga for Beginner by Niby Sujesh on 6 th June 2021	Online	94
12	International Day of Yoga 2021 curtain raiser event – Online yoga session – Diabetes Management by Mr. Ajay Kumbhar,Yoga Expert on 6 th June 2021.	Online	766

Performing/Visual Art events by local artistes/groups & general events

S.No	Name of artiste/group	Venue	No. of audience
01	In a moving gesture , Sri Lanka Broadcasting Corporation and Ministry of Buddhasasana, Cultural and Religious Affairs conducted a 7-day recital of the sacred Rathana Sutra for the health and well-being of people of #India from 6 th May 2021.	Online	1500
02	Online dance and music competition on the occasion of Rabindra Jayanti on 6 th May 2021	Online	2500

03	Online Film Festival Celebrating Rare Satyajit Ray Films in Collaboration with Films Division, India, Festival of Rare Films as part of year-long Satyajit Ray Centenary Celebrations from 7-9 May 2021	Online	1000
04	International Day of Yoga 2021 curtain raiser event – Online yoga session – For the students and staff members of the University of Colombo on 8 th May 2021	Online	550
06	International Day of Yoga 2021 curtain raiser event – Online yoga session – Yogic Sukshama Vyayama for weight management by Ms. Sarathaevi Sivakumar, Hatha Yoga instructor and Dr. Aneeha Rajendram, M.B.B.S and Hatha yoga instructor on 15 th May 2021	Online	320
07	International Day of Yoga 2021 curtain raiser event – Online yoga session-Yoga Nidra by Ms. Premy Sadeshkumar, Hatha Yoga Instructor and Ms. Sridhana Ganeshamoorthy, Hatha Yoga Instructor on 23 rd May 2021.	Online	268
08	Vesak – Buddha Poornima Celebrations – Bakthi Geeth performances by Sri Lankan and Indian diaspora children on 26 th May 2021	Online	3000
09	International Day of Yoga 2021 curtain raiser event – Online yoga session- Spiritual aspects of Patanjali Yoga Sutra by Mr. Asanka Liyanage, Founder of Living Eye Yoga Ashrama on 28 th May 2021	Online	100
10	International Day of Yoga 2021 curtain raiser event – Online yoga session - Chair Yoga for all ages Selladurai Vijayarani, Hatha Yoga Instructor and Dinusha Wickremesekera, Hatha Yoga Instructor on 5 th June 2021	Online	316

11	International Day of Yoga 2021 curtain raiser event – Online yoga session – How to evolve from Asana to Advance Asana by Mr.Raju Mehanadas, Hatha Yoga Coach on 6 th March 2021	Online	295
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