



Indian Council for Cultural Relations  
भारतीय सांस्कृतिक सम्बन्ध परिषद्

SWAMI VIVEKANANDA CULTURAL CENTRE  
HIGH COMMISSION OF INDIA  
COLOMBO  
SRI LANKA

REPORT ON ACTIVITIES HELD  
AT THE  
CENTRE DURING THE MONTH OF  
DECEMBER 2018

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**Swami Vivekananda Cultural Centre  
High Commission of India  
Colombo**  
**Events of December 2018 with photographic impressions**

**5<sup>th</sup> December      Hindustani Vocal Recital by Lipuri Lesanika Perera**

LipuriLesanikaPerera an ICCR Scholar presented a brilliant Hindustani Vocal Recital at the Centre. The programme was very well received by the audience gathered at the Centre. LipuriLesanikaPerera did her Master's Degree in Music from the Indira Kala Sangeet University, Chhattisgarh availing a scholarship from Govt. of India. She also holds Sangeet Nipun diploma from Bhatkhande Sangit Vidyapeeth, Lucknow. Lipuri was accompanied in tabla by PrakashSahu from India.



## 13<sup>th</sup> December      Tabla recital by Prof. Mukund Narayan Bhale

Prof. Mukund Narayan Bhale presented a memorable Tabla recital at the Centre. The programme commenced with a jugalbandhi by his disciples Jay Prakash Sahu from India and Dileepa Dhananjaya from Sri Lanka. Prof. Mukund's performance was organized by his Sri Lankan disciples in memory of his late wife Prof. Sunita Bhale. Prof. Bhale is serving at the Indira Kala Sangeet Mahavidyalaya as a professor in Tabla and Head of the Percussion department.

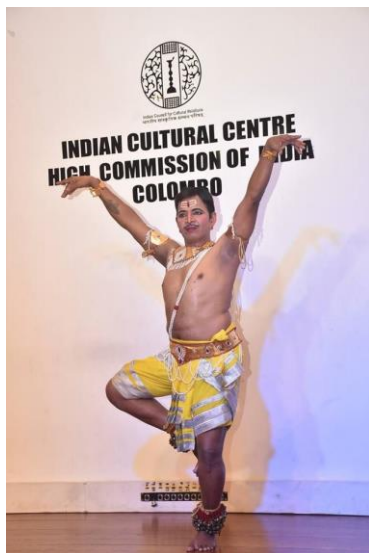




## 14<sup>th</sup> December      Andhra Natyam

SVCC, Colombo organized Andhra Natyam by Ms. Chinmayi Arukalawith her Guru Kala Ratna Sri Perini Kumar showcasing Guru Shisya Parampara at the Centre. This was the very first performance of this art form that has held at the Centre. The audience got a glimpse this new art form for the very first time in Sri Lanka.

Guru Kala Ratna Sri Perini Kumar is one of the first disciples of Kalaprapoorna Late Sri Dr. Nataraja Rama Krishna Guru deva, who was the pioneer of both Kuchipudi and Andhra Natyam. Shri Perini Kumar have completed over 35 years of experience in the dance field and trained nearly 2000 students on Andhra Natyam and Perini Natyam. Chinmayi is trained at the institute of Dr Nataraja Ramakrishna under the eminent Gurus Sri Perini Kumar and Sri Kala Krishna. She has performed in many major dance festivals and programmes in USA and India.



**15<sup>th</sup> December**

**"Kitchen Chemistry – fruits and herbs for immunity "by  
Dr. Vivian Sathiyaseelan**

Dr Vivian Sathiyaseelan, Head of the Department, Unit of Siddha Medicine, University of Jaffna delivered a lecture on the day to day impact of the use of Herbs, spices and vegetables on wellness according to the Siddha Medical system. Dr Vivian Sathiyaseelan has completed her B.S.M (Sri Lanka), M.D (India). The talk was organized in collaboration with A.A.Y.U.S.H, Sri Lanka and Astanka Yoga Mandhir.





**15<sup>th</sup> December**

## **Vegetarian Food Festival celebrating Gandhi@150**

A Vegetarian Food Festival with food fun and fiesta organized by Hindi students and teachers of SVCC, Colombo at the lawns. An array of delicacies from various parts of India were prepared by the students and volunteers. Indian handicraft items, jewellery, handloom were on display along with mehendi corner . It was a very successful event and to support the initiative of the Centre and students lots of Sri Lankan public visited the fair. More than 300 guests participated in the event.



## 21<sup>st</sup> December      Friday Matinee – 3 idiots

Swami Vivekananda Cultural Centre screened Bollywood film "3 idiots"( Hindi with English subtitles) on Friday 21<sup>st</sup> December 2018 at its auditorium .*3 Idiots* is a 2009 Indian coming-of-age comedy-drama film co-written (with Abhijat Joshi) and directed by Rajkumar Hirani. Starring Aamir Khan, R. Madhavan, Sharman Joshi, Kareena Kapoor, Boman Irani and Omi Vaidya, the film follows the friendship of three students at an Indian engineering college and is a satire about the social pressures under an Indian education system. Around 60 views attended the screening.



The movie poster for "3 Idiots" features the three main characters (Aamir Khan, R. Madhavan, and Sharman Joshi) at the bottom. Above them is the title "3 idiots" in a large, stylized font. The poster also includes the text "a RAJKUMAR HIRANI film" and "a VIDHU VINOD CHOPRA production".

  
Indian Council for Cultural Relations  
सरिता संग्रहालय, नया दिल्ली

*Friday Matinee  
Screening of Bollywood Film*

*3 Idiots*  
(with English subtitles)

*Directed by Rajkumar Hirani*  
*Cast: Aamir Khan, R. Madhavan, Sharman Joshi, Kareena Kapoor, Boman Irani & Omi Vaidya*

**All is well..**

*at 3.00 p.m.*  
*On Friday 21<sup>st</sup> December 2018*  
*at Swami Vivekananda Cultural Centre*  
*16/2, Gregory's road, Colombo 07*  
*(Duration – 2 hrs 36 mins)*

*Free entry... All are cordially invited*



### **5,12& 19 December YOGA AT CANCER HOSPITAL**

SVCC, Colombo and Astanka Yoga Mandhir continued with the special yoga programme for the cancer patients and staff members of the Maharagama Cancer Hospital Āpksha as a part of Yoga out-reach programme.

