

Unlimited Pages and Expanded Features

# dian Cultural Centre Colombo

Report

# 7 November Jai Ram – Sunthara Kandam – Auspicious canto of Ramayanam

Aru Sri Art Theatre presented JAI RAMÂ a dance drama on Friday the 7<sup>th</sup> of November 2014 at the Bishops College Auditorium produced and directed by Kalasuri Dr Arunthathy. Sri Ranganathan. Jai Ram dance drama was produced with the support of the High Commission of India, Express News Papers Pvt Ltd, Vasantham TV and Blue Ocean group of companies.

Mr.Parshwanath Upadhye exponent in Bharathanatyam from Bangalore, India performed as a guest artiste in this production along with theatre dancers celebrating the 10th anniversary of the theatre. This production is a collaboration of both Indian and Sri Lankan dancers and musicians. Choreography design is done by Dr Arunthathy while the dance choreography is done by Mr Parshwanath Upadhye. The performance was very well received and appreciated by the audience. Around 1000 guests attended the event.



















































#### ashana

The Tagore Society of Sri Lanka in collaboration with the Indian Cultural Centre organized a programme of music dance and discussion entitled Sambhashana. The items presented were based on Rabindra Sangeeth and dance by the students of the members of Tagore Society, some of who are qualified from Shantiniketan. The discussion was led by Lal Hewapathirana on Gurudev Rabindranath Tagore, Mahatma Gandhi and Anagarika Dharmapala to wellbeing of humanity and their relevance for today. Around 100 guests and members of the Tagore Society attended the event.











































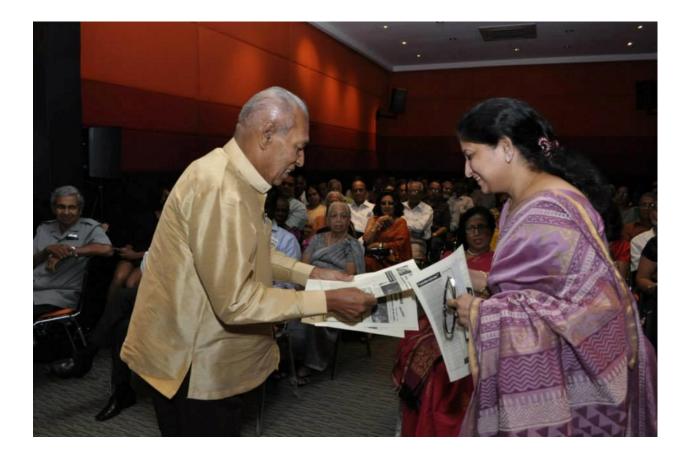














#### Unlimited Pages and Expanded Features ar's International Children's Competition 2015

The Indian Cultural Centre celebrated children's day, which falls on November 14, coinciding with the birthday of Shri Jawaharlal Nehru, by hosting a painting, drawing and essay writing competition for children on 15 November. Around 250 children from all over the Island participated in this competition. Boys and girls between the age groups of three and fifteen drew and painted colourful pictures on a wide variety of themes using their imagination. It was interesting to see such enthusiasm among the children. At the end of the day each participant was awarded a certificate for participation. All entries completed at the Centre were sent to India to be adjudged in the Shankar's International Competition 2015.







































## e – Medical Aspect of Hatha Yoga

Dr. Ratnam Gowribalan, Yoga instructor at the Isha Foundation, India spoke on the medical aspects of Hatha yoga on 28 November at the Centre. In his talk he elaborated on how yoga helps to control, prevent and cure certain diseases. Some asanas were also demonstrated by his assistant and at the end of the interactive session audience also took part in some breathing exercises. Around 70 guests and Yoga students attended the talk.











ning of Vocal Music by I.M.Bandara

The Indian Cultural Centre Colombo organized an evening of Hindustani Vocal Music recital by Wijedasa Bandara. He commenced his recital with raag Aabogi and continued with Krishna bhajan, raag Durga, bhajan and concluded with raag Yaman.

Wijeyadasa Bandara holds a Master's Degree in Music from the Indira Kala Sangeet Viswavidhyalaya, Khairagarh. He also holds Sangeet Visharad & Nipun Degree from Bhatkhande Sangeet Vidyapeeth, Lucknow. He is a retired music instructor of the Department of Education, Sri Lanka. There are several solo and group performances that he has done in Sri Lanka to his credit. He is an "A" grade artiste at the Sri Lanka Rupavahini Corporation and Sri Lanka Broad Casting Corporation. Around 120 guests attended the event.











