

**Indian Cultural Centre
High Commission of India
Colombo
Events of March 2018**


1st March-Holi Celebrations at Indian Cultrual Centre

The Indian Cultural Centre Colombo celebrated Holi, festival of colors with dance, music and fun filled activities on Saturday 11th March with large public participation. The event was organized by the Hindi Class students of the Centre. The crew and actors of Sri Lankan Tamil film "Komaligal" also participated in the celebrations.



8 March - Celebrating International Women's Day - Hindi Feature Film - Mary Kom

To celebrate International Women's Day, Indian Cultural Centre, Colombo screened Hindi Feature Film "**Mary Kom**" at the Centre. Mary Kom is a 2014 Indian biographical sports film depicting Kom's journey of becoming a boxer to her victory at the 2008 World Boxing Championships in Ningbo. Priyanka Chopra won the Screen Award and the Producers Guild Film Award for Best Actress in a Leading Role in Mary Kom.




Celebrating International Women's Day
Mary Kom
Hindi feature film with English subtitles
(A biographical sketch of Indian Woman Boxer MC Mary Kom)

Directed by Omung Kumar
Cast: Priyanka Chopra, Darshan Kumar & Sumit Thapa

On Thursday 8th March 2018 at 3.00 p.m.
at Indian Cultural Centre
16/2, Gregory's road, Colombo 07
(Duration - 2 hrs)

Free entry.....All are cordially invited



march

14 March - Carnatic Vocal Recital by Dharshani Arulanandam from Sri Lanka

Indian Cultural Centre, Colombo organized a Carnatic Vocal Music Recital by Dharshani Arulanandam on 14th March at the Centre. The recital which lasted an hour was very well enjoyed by the audience.

Dharshani Arulanandam has learnt Carnatic music under "Sangeetha Vidwan" "Sangeetha Rathnam" Guru Jegathambikai Krishnananthasivam, former lecturer of Music at Madras University and also under Guru "Kalabhooshanam" Sathyabama Rajalingam. She has performed Carnatic vocal solos in numerous platforms including performances in both state and private media, which include

Sri Lanka Broadcasting Cooperation (SLBC), Netra TV/Eye Channel and Shakthi FM. Dharshani is scheduled to start her Master's degree in Carnatic music this year at the University of Annamalai, Chidambaram, India. She received her Bachelor of Arts degree at the University of Colombo and also holds a postgraduate degree in Sociology from the University of Colombo.



16 March Suhana Safar - An evening of old Hindi songs by Lanka Bharathiya Arts & Cultural Foundation

Indian Cultural Centre, Colombo organized A musical evening of old Hindi film songs sung by the all Sri Lankan singers of Lanka Bharathiya Arts & Cultural Foundation on 16th March at the Centre. The performance comprised of all time favourite Hindi film songs to peppy contemporary numbers which was thoroughly enjoyed by the audience gathered at the Centre. Attorney General Mr. Jayanta Jayasurya along with bollywood song enthusiasts graced the occasion. Around 175 guests attended the performance.



19 March Curtain raiser event – IDY 2018

Lecture on Yoga – “Pranayama as therapy” by Manisha Singhania from India

As a curtain raiser to International Day of Yoga 2018, Indian Cultural Centre, High Commission of India Colombo in collaboration with AAYUSH, Sri Lanka and Astanka Yoga Mandir organized a Lecture-demonstration - “Pranayama as a therapy” by Manisha Singhania from India at the Centre. She spoke about the benefits of pranayama and how it can cure or prevent diseases. The session included practical demonstrations followed by question and answers sessions.

Manisha Singhania trained in Yoga Therapy from Yogarakshanam, Chennai, affiliated to International Yoga Society, has specialized in therapeutic yoga and yoga asanas with chants for the promotion of holistic health and for the prevention of specific diseases. She has received award from Nutrition and Natural Health Sciences Association for her work in Yoga Therapy. She has been conducting Yoga workshops for last 3 years at the India Club of Liechtenstein, as part of India Culture Week organized by Cultural Ministry of Liechtenstein.



23 March Lecture demonstration - "Shrishti"-Relationship of the one act dance drama with BharathaNatyam by Dr. SubashiniPathmanathan

Dr. Subashini Pathmanathan, eminent scholar and danseuse of Sri Lanka presented a lecture cum performance titled "Shrishti"-Relationship of the one act dance drama with BharathaNatyam.

SubashiniPathmanathan graduated from the Government College for Women in Chandigarh, India and received her master's degree from the Punjab University. She has completed two diplomas in Bharatanatyam from Vazhuvoorar Classical BharataNatya Centre, Chennai and from Bharathidasan University Thiruchirapalli respectively. She joined the Indian Cultural Centre Colombo as the first Bharatanatya teacher since its inauguration in 1998.



Propagation of Hindi in Sri Lanka

18 March 2018

The Director of the Centre Mrs. Rajashree Behera and the Long term Hindi Chair Dr. Shirin Qureshi attended the Holi celebrations organized by the Hindi Sansthan Kurunegala and presented Hindi Books and a set of tabla to the institute as a part of outreach activities of ICC propagating Hindi abroad. Hindi Sansthan Kurunegala has been involved in propagation of Hindi in Sri Lanka since last 18 years.



25 March 2018

The Director of the Centre Mrs. Rajashree Behera and the Long term Hindi Chair Dr. Shirin Quresh visited Hindi Niketan, Kottawa led by Mr. Sharangupt which is actively imparting lessons in Hindi and teaching Hindi film songs and Bollywood dance since last 25 years. Hindi books were presented to the library of the institute.



31 March 2018

The Long term Hindi Chair Dr. Shirin Qureshi visited Suhathra Bhoomi, Panadura, a Hindi teaching institute and presented Hindi books to the institute which will be of immense help to the students .

