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SWAMI VIVEKANANDA CULTURAL CENTRE  
HIGH COMMISSION OF INDIA  
COLOMBO  
SRI LANKA

REPORT ON ACTIVITIES HELD  
AT THE  
CENTRE DURING THE MONTH OF  
JUNE 2018

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**Swami Vivekananda Cultural Centre  
High Commission of India  
Colombo  
Events of June 2018 with photographic impressions**

**6 June      JugalBandhi – A duet Kathak Recital by VihangaRukshan and AmaNethmi, ICCR Scholars**

Celebrating India and Sri Lanka@70 ICCR Scholars Ama Nethmi, HarshaSulochana&VihangaRukshan, trained in India by Dr. Mitul Sengupta, Rhythmosaic ,Kolkata, presented a splendid Kathak recital at the Centre. Ashan,Kavindu,Tharushi,Yasasmi,Binuki,Dinithi&Harsha students of the Centre and disciples of Nritya Nipun Moksha Samarasooriya also presented few items accompanied by live music rendition by renowned musicians of Sri Lanka Kasun on Guitar, Gayan on Tabla, Lahiru in vocals and Gihan on Sitar.

While studying at Rhythmosaic under ICCR scholarship ,both Vihanga and Ama participated in different international and national festivals and had opportunity to receive training from famous International Jazz Master Mr. JianinLoringett ofOff Jazz Academy, France, Mr. MohomedDirissi of Hong Kong Performing Academy, and many more.







## 8 June      **Curtain Raiser IDY 2018 - Euphonic Yoga**

As a curtain raiser to 4<sup>th</sup> International Day of Yoga 2018, Swami Vivekananda Cultural Centre presented "Euphonic Yoga" an artistic arena of performing Arts led by Shruti Chathurlal Sharma and group from India on 8<sup>th</sup> June 2018 . The evening gave a surreal experience to the audience who gathered to witness this event. Shruti Chathurlal Sharma was accompanied by Taranpreet Kaur in Yoga, Srishti Amitaa Devi in vocal and Raudri Singh in Odissi.

Euphonic Yoga is a beautiful amalgamation of 'Yoga' with 'Indian Classical Music & Dance', bringing together the three performing arts on the same stage. It is a concept that vitalizes and activates the stream of energy system flowing inside the human body, otherwise known as the Chakra system.







**9-10 June     Curtain Raiser to IDY 2018-  
Yoga for wellness workshops conducted by Astanka Yoga Mandhir  
and A.A.Y.U.S.H.**

Yoga for wellness a two day workshop in all three local languages(English,Sinhala, Tamil) was conducted as a curtain raiser event of IDY 2018 by Astanka Yoga Mandhir& A.A.Y.U.S.H. at the Center. The sessions were presented by experts from India, Sri Lanka,U.S.A., Russia & Iran. In total 35 presenters and 43 sessions was held. The sessions included Asana, pranayama and meditation practices.Hundreds of Yoga enthusiasts from all age groups participated.





**9 June            Curtain Raiser to IDY 2018**  
**Yoga session at University of Moratuwa for**  
**Road development Authority, Sri Lanka**

As curtain raiser event of IDY 2018 the Centre conducted a special yogaprogramme for the staff members and officials of the Road development Authority, Government of Sri Lanka at their annual conference at the premises of university Moratuwa.



**16June      Curtain Raiser-IDY 2018**  
**Yoga at National Youth Council, Govt. of Sri Lanka**

As curtain raiser event of IDY 2018 the Centre conducted a special advanced yoga session at the programme organized by the national Youth Council, Magaragama Sri Lanka on 16<sup>th</sup> June





## 22 June      Curtain Raiser to IDY 2018--Yoga for Children

On the eve of 4<sup>th</sup> International Day of Yoga celebrations the Children Hindi class students of Centre participated in a Yoga session conducted by Yoga expert and Hindi teachers.



## 23<sup>rd</sup> June - Mega celebrations held in Colombo for 4<sup>th</sup> International Day of Yoga

H.E. President Maithripala Sirisena and thousands of yoga enthusiasts celebrated International Day of Yoga at Independence Square in Colombo on June 23 despite rain. President practiced a number of yoga asanas and thanked yoga institutions in Sri Lanka for their excellent efforts. The event was attended by a number of Sri Lankan Ministers and officials, apart from public at large, including professionals, doctors, academicians and cultural personalities, cutting across all religions and ethnicities.

H.E. Taranjit Singh Sandhu, High Commissioner of India, welcomed H.E. President. The Yoga celebrations started with a video message from Prime Minister of India Narendra Modi. High Commissioner highlighted the global efforts led by Prime Minister Narendra Modi, to spread awareness about Yoga. "Yoga brings peace by combining the body, mind, spirit and soul. Yoga brings harmony in the family, society, nation and the world", he added. High Commissioner also underlined the interest of H.E. President in health issues and admired the continued whole hearted support of H.E. President and people of Sri Lanka for the healthy practice of Yoga.

The event was organized by the Swami Vivekananda Cultural Centre in collaboration with Ministry of Culture, Government of Sri Lanka, and eminent Yoga institutes of Sri Lanka such as Astanka Yoga Mandir, Sethsada Yoga Nikethanaya, Hatha Yoga Centre, AumKriyaBabaji Yoga Aranyam, National Youth Services Council Sri Lanka, Institute of Human Excellence, Brahma Kumari Raja Yoga Centre, The Art of Living, AAYUSH, My Yoga Lounge, SakthiAnand Yoga School (Batticaloa).















## 29 June Hindi Vaarta

An interaction with Prof. Ram Mohan Pathak, Member-Rajbhasha Hindi Salahkar Samiti, Ministry of External Affairs, Govt. of India with presence of Sri Arindam Bagchi, Acting High Commissioner. Members of Hindi Prachar Mitra Mandal of Sri Lanka, Heads of Dept, Hindi from different Universities, and teachers and students of Hindi teaching institutes of SL participated in the programme. The Hindi student and teachers of different Hindi institutes of Sri Lanka also presented popular Hindi film songs.





