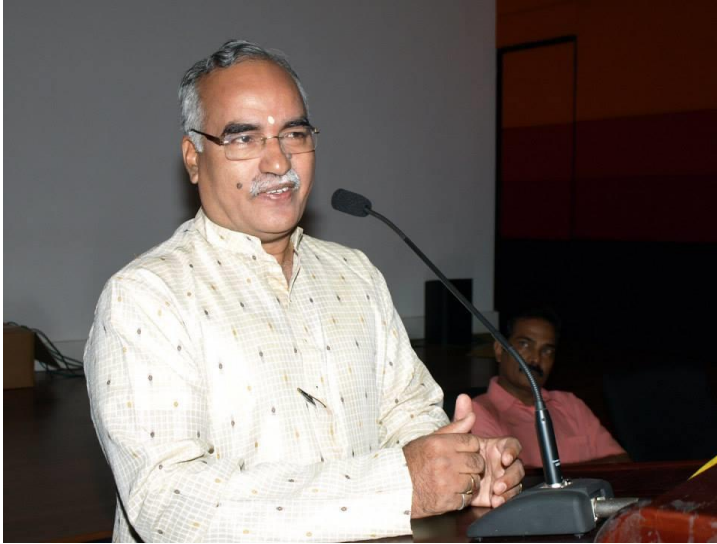


## Indian Cultural Centre Colombo

### Activities - July, 2013

#### 4 July Pranayama for Healthy life

Indian Cultural Centre in association with Yoga Mandir organized a Lecture titled "Pranayama for healthy life" at the Centre. The lecture was delivered by the renowned Yoga expert K. K Ganesh (Art of Living Foundation- India). In his talk he spoke on various benefits that can be gained by practicing Pranayama. Around 80 guests attended the event.





### **5 July Kathak workshop by Sadara Supathum Peiris**

Indian Cultural Centre, Colombo organized a Kathak Workshop by Sadara Supathum Peiris at its auditorium located on Friday, 5 July 2013. Several Kathak dancers, teachers, and students participated in this workshop. The workshop commenced with few performances and later moved on to technical aspects of Kathak Dances and its music.

Sadara Supathum Peiris holds a Masters Degree from the Indira Kala Sangeet Vishvavidyalaya, India under the guidance of his Prof. Mandhavi Singh. He has also learnt Kandyen and fusion dance under Guru Chandana Wickramasinghe. Around 80 guests attended the event.







## 10 July "Praveshi" Sitar Recital

Indian Cultural Centre, Colombo organized a Sitar recital titled "Praveshi" of Visharad Tania Karunaratne and Visharad Dinuka Samith Weerasinghe. They presented both solo and duet performances. The recital lasted for an hour. They were accompanied by Sriyan Chandrasiri on Tabla, Utpala Gajamana on Tanpura and Milinda Thennakoon on Sitar.

Tania Karunaratne and Dinuka Samith Weerasinghe completed their degree in Music from the University of Visual and Performing Arts, Sri Lanka under the guidance of Dr. Nirmala Kumari Rodrigo. Both of them are also music students of Indian Cultural Centre, Colombo since 2009. Since then they have been part of the Sitar orchestra of the Centre and taken part in its annual show "Nav Pratibha". Around 75 guests attended the event.







## **12 July An Evening of Drums and Music**

Celebrity drummer and dancer Ravibandhu Vidyapathy and his dance ensemble presented a musical and dance performance at the Centre. The performance included Kandyan and low country dances and a power point presentation by Mr. Ravibandhu Vidyapathi on various costumes used for Sri Lankan dances and concluded with a scintillating drums performance by his ensemble. Around 80 guests attended the event.

Ravibandhu Vidyapathi, hails from a long line of traditional dancers and temple painters, had his traditional graduation at the Chitrasena School, where he studied Classical Kandyan dance under the legendary dancers Chitrasena and Vajira and drumming under the renowned Piyasara Shilpadhipathi and Punchiguro. In 1984, Ravibandhu established his own dance school, the Ravibandhu-Samanthi Dance School. Currently, he is the Artistic Director of the Sri Lanka State Dance Ensemble and does choreography for the Sri Lanka Youth Dance Troupe. Putting his own stamp on the short operas in Sri Lanka, he expanded rhythm and orchestration. With creativity and research he was able to take his creations to the stage outside Sri Lanka.











## 19 July An Evening of Hindustani Vocal Music

Renowned vocalist Shashtrapathi Sangeet Nipun W.A.M Wisidagama will present an evening of Hindustani Vocal Music at the Indian Cultural Centre. Nalin Ginendra Alwis accompanied on Harmonium, Isuni Konthasinghe on Violin and Bandula Desilva on Tabla. Her beautiful rendition of ragas captivated the audience gathered at the Centre around 100 guests attended the event.

Shashtrapathi Sangeet Nipun W.A.M Wisidagama completed her Bachelor of Performing Arts (Special Degree) at the University of Kelaniya and her Master's Degree in music at the Bathkande University, Lucknow, India.

