

Indian Cultural centre
High Commission of India
Colombo

Report of activities - May 2017

8th May Celebrating Rabindra Jayanti

To commemorate 156th Birth Anniversary of Nobel Laureate Gurudev Rabindranath Tagore, on 8th May 2017 at 9.30am, garlanding of the bust of Gurudev Rabindranath Tagore by His Excellency Shri Taranjit Singh Sandhu, High Commissioner of India was held at the Main Library of University of Colombo in the presence of Senior Professor Sri Lakshman Dissanayake, Vice Chancellor of University of Colombo, other faculty members and Tagore aficionados. The event was organized by the Centre for Contemporary Indian Studies, University of Colombo in collaboration with the Indian Cultural Centre, Colombo.





13th May Nrityanali - "Niravana" - Life of Buddha

On the occasion of 14th International Vesak Day Celebrations in Sri Lanka, , Indian Cultural Centre, Colombo presented Nrityanali - "Niravana" depicting life of Lord Buddha through an amalgamation of two Indian classical dance styles Kathak and Bharatnatyam at Nelum Pokuna organized by the Ministry of Culture, Govt of Sri Lanka on 13th May 2017. H.E. Bidhya Devi Bhandari, President of Nepal graced the occasion as Chief Guest and H.E. Maithripala Sirisena, President of Sri Lanka, Hon'ble Speaker Karu Jayasuriya, Hon'ble Wijayadasa Rajapaksha, Hon'ble S.B.Nawinne and other dignitaries graced the occasion. This cultural pageant was also participated by artistes from China, Vietnam and Sri Lanka.





13th May Curtain Raiser to 3rd International Day of Yoga

A lecture on **YOGA AND ANCIENT SCRIPTURES** by Mr. Dinesh Kashikar, Senior member of Yoga Faculty Art of Living, India was organized **on 13th May 2017** at Saraswathi Hall, Colombo in collaboration with Art of Living Foundation , Sri Lanka.



20th – 25th May THE YOGA ROAD SHOW--20th-25th May

As a curtain raiser to IDY-2017, the first ever Yoga Road show, organized by Indian Cultural Centre, the High Commission of India, Colombo travelled throughout the island covering eight major cities of Sri Lanka such as Sigiriya, Polonnaruwa, Trincomalee, Batticaloa, Kataragama, Galle, Jaffna and ended the journey at Colombo with an aim to spread awareness to make YOGA a part of life for healthy living.

35 Yoga instructors from eminent Yoga institutions of Sri Lanka such as Indian Cultural Centre, Ashtanka Yoga Mandir, Institute of Human Excellence, Sethsada Yoga Niketanaya, Dhamma Yoga Akademi, Students Council, Art of Living and Brahma Kumari carried on this journey connecting thousands of minds, conducting Hatha Yoga demonstrations, Pranayama and Meditation sessions including Yoga at Schools, Yoga for people with special needs, Yoga at Office, lectures on Ayurveda and Siddha medicine covering different aspects of YOGA, strengthening common cultural heritage between India and Sri Lanka.

at the world heritage site of Sigiriya rock



At the ruins of Polonnaruwa



at the Trincomalee beach



At the Eastern University, Batticaloe



at the Buddhist temple Kiri Maha viharaya, Kataragama



at the Galle Fort



at the Siddha medicine unit, University of Jaffna



Office Yoga at Bank of Ceylon, Colombo



