



SWAMI VIVEKANANDA CULTURAL CENTRE
HIGH COMMISSION OF INDIA
COLOMBO
SRI LANKA

REPORT ON ACTIVITIES HELD
AT THE
CENTRE DURING THE MONTH OF
JANUARY TO DECEMBER 2022

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Activities of Swami Vivekananda Cultural Centre, Colombo from January to December 2022

1.	January 2, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
2.	January 8, 2022	Violin Recital by DanushkaPrabhath
3.	January 9, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
4.	January 10, 2022	Commemoration of World Hindi Day in Sri Lanka. A special Proficiency Course in hindi was launched for Sri Lanka Police on the occasion, which was attended by around 70 senior police officers . Acting HC Vinod K. Jacob read out special messages from PM Narendra Modi and EAM Dr S.Jaishankar. MOS Meenakshi Lekhi and High Commissioner delivered video messages.
5.	January 10, 2022	Bollywood song presentation by students
6.	January 12, 2022	Screening of Documentaries and film on Swami Vivekananda
7.	January 12, 2022	Hindustani Vocal Recital by ShasthrapathiAsithAthapaththu
8.	January 13, 2022	Festival of Harvest in collaboration with Indian expatriates
9.	January 14, 2022	Surya Namaskar with Indian Diaspora and Sri Lankan friends
10.	January 14, 2022	Online Lecture cum Bharatha Natyam recital by Dr. SubashiniPathmanathan (renowned Bharatha Natyam artiste & scholar), under the Title of Kathambam. This programme is arranged to mark the Magara Sangaranthi

		festival (Thai Pongal)
11.	January 14, 2022	Kite Festival to mark Pongal ,Lohri, Makarsankranti, Bihu,Uttarayan
12.	January 14, 2022	High Commissioner offered prayers at Mayurapathy Sri Bathrakali Amman Kovil in Colombo and joined the devotees in celebrating the auspicious festival of Thai Pongal.
13.	January 6, 2022	Celebrating 125 years of Historic visit of Swami Vivekananda to Sri Lanka. Deputy High Commissioner of India, Shri Vinod K. Jacob was the Chief Guest at a special event to mark the 125th anniversary of a historic visit by Swami Vivekananda to Sri Lanka on his return to India after the renowned address at the Parliament of World Religions in Chicago. Ramakrishna Mission in Colombo organized the event in collaboration with the Department of Hindu, Religious and Cultural Affairs.
14.	January 16, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
15.	January 23, 2022	With Teachings of Swami Vivekananda by Ajay Kumbhar, Yoga expert from India
16.	January 23, 2022	Floral tributes paid to Netaji Subhash Chandra Bose at Param Dhamma Chaitya Pirivena, Ratmanala, Sri Lanka, by the Most Venerable Mahasangha and Sunday Dhamma School students
17.	January 23, 2022	Screening films on Netaji (Facebook)
18.	January 23, 2022	Kavi Sammelan on National Youth Day
19.	January 26, 2022	Flag hoisting ceremony at India House – Cultural performance by SVCC
20.	January 28 th , 2022	Renowned Odishi exponent Moumitavaats and her group enchanted the audience with a stunning performance . Madam Shiranthi W. Rajapaksa was the Chief Guest.

		Hon'ble Ministers Nimal Siripala de Silva, Dulas Alahapperuma, Hon'ble former Speaker Karu Jayasuriya and Attorney General Sanjay Rajaratnam and members of Diplomatic corps were among hundreds of guests. The event forms part of amritmahotsav.
21.	28 th January	A photographic exhibition of Buddhist Monuments and Art Heritage on 28 th January 2022
22.	January 29, 2022	Hindustani Vocal Music Recital Geethika Nipuni Abeysekera
23.	January 30, 2022	Prenatal & Post natal Yoga by Dr.K.K.Kimura organized in collaboration with Astanka Yoga Mandhir
24.	January 30, 2022	Martyrs day - 'Satyagraha - The Pathway to Global Peace' Remembering Mahatma Gandhi on his 74th Martyr's Day by Dr. Shobhana Radhakrishna (Internationally Acclaimed Speaker on Mahatma Gandhi)
25.	January 30, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
26.	February 3, 2022	Unveiling the bust of Gurudev Rabindranath Tagore – 100 th year of the arrival of Nobel Laureate Rabindranath Tagore to Sri Lanka at Sri Palee, Horana
27.	February 3, 2022	Felicitation Ceremony for the winners of International Quiz on "Buddhism and Buddhist Heritage" organized by the High Commission of India, Colombo at taj Samudra
28.	February 5, 2022	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – Science and Therapy of Surya Namaskar by Shri Ajay Kumbhar, Yoga expert from India
29.	February 5, 2022	Saraswathi Pooja in association with Indian Expatriates association in Colombo at Womens Hall, Colombo
30.	February 6, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from

		India
31.	February 7, 2022	An evening of Flute Recital Shasthrapathi Daminda Rangana Athauda, Benaras Hindu University, India & Lecturer -SLTC
32.	February 12, 2022	A Musical evening as tribute to India's Nightingale Late Lata Mangeshkar
33.	February 13, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
34.	February 18, 2022	An evening of Tabla Recital Sangit Nipun Isuru Perera, University of Sri Jayawardhanapura
35.	February 19, 2022	Online Yoga lecture Upasana Yoga of Swami Dayanand Saraswati by Ajay Kumbhar, Yoga expert from India
36.	February 20, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
37.	February 21, 2022	International Language Day organized by Bangladesh High Commission – SVCC presented Bengali songs at Independence Square
38.	February 27, 2022	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmanala by Shri Ajay Kumbhar, Yoga expert from India
39.	February 28, 2022	Lecture cum devotional dance 'Sivamayam' 'Lord Shiva worship in Sri Lanka' by Dr.

		SubashiniPathmanathan
40.	March 01, 2022	Online Yoga – Science and Yoga Of MahamrityunjayMantra : Heal Yourself, Heal World! by Ajay Kumbhar, Yoga Expert from India
41.	March 06, 2022	Ratmalana Pirivena every Sunday by Ajay Kumbhar, Yoga Expert from India
42.	March 08, 2022	Women’s Day Celebrations -“Yoga for Weight Management” by Dr. AneshaaRajandram, <i>Hatha Yoga Instructor and Yogic Life style counsellor</i>) and Ms. Rika Frost, <i>(Hatha Yoga Instructor, Yogic Life style counsellor and Founder of AYU Yoga, Japan)</i>
43.	March 13, 2022	Ratmalana Pirivena every Sunday by Ajay Kumbhar, Yoga Expert from India
44.	March 16, 2022	Sri Lanka Annual Holi Kavi Sammelan (International) By SVCC Colombo
45.	March 20, 2022	Ratmalana Pirivena every Sunday by Ajay Kumbhar, Yoga Expert from India
46.	March 24, 2022	Online Yoga – Yoga Therapy for Tuberculosis by Ajay Kumbhar, Yoga Expert from India
47.	March 27, 2022	Ratmalana Pirivena every Sunday by Ajay Kumbhar, Yoga Expert from India
48.	March 30, 2022	Hindustani Instrumental - Tabla recital By ShasthrapathiGayanathDahanayaka,Lecturer,Department of North Indian Music Faculty of Music, University of the Visual & Performing Arts
49.	3 ,10,17,24 April	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by by Shri Ajay Kumbhar, Yoga expert from India
50.	8 April	Hindustani classical Music

51.	10 April	Documentary on Ram Navami
52.	16 April	Poya day celebrations
53.	14 April	Chair Yoga Asanas (English) by Vijayarani Selladurai , Hatha Yoga Instructor and Yogic Lifestyle- Counsellor – AYM,
54.	21 April	An evening of musical performance – “Nasha” By Bollywood ensemble
55.	25 April	Yoga Asana and Alignment (Tamil) by Raju Mehanadas, Hatha Yoga coach – 3000H, Head of Hatha Yoga Asana Unit- Astanka Yoga Mandir
56.	1, 3, 8,15, 22 May	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga - at Ratmalana Pirivena On the occasion of Buddha Day - Buddha and Yoga by Shri Ajay Kumbhar, Yoga expert from India
57.	9 th May	161 st Birth Anniversary of Gurudev Rabindranath - Tagore Jayanti in collaboration with Centre for Contemporary Indian Studies, University of Colombo. Acting High Commissioner of India to Sri Lanka His excellency Shri Vinod K.Jacob garlanded the bust of Gurudev Rabindranath Tagore
58.	9 th May	Sri Palee Campus Horana 161st Birth Anniversary of Gurudev Rabindranath - Tagore Jayanti Organized a cultural program at the campus to pay tribute to Gurudev Rabindranath Tagore. Dr. Rewant Vikram Singh, Director, SVCC, the Rector of Sri Palee campus, Prof. Prathibha Mahanamahewa, & the distinguished professors, staff, and students of Sri Palee campus offered floral tributes to the bust of Gurudev Rabindranath Tagore
59.	9 th May	161st Birth Anniversary of Gurudev Rabindranath - Tagore Jayanti On the occasion of 161st Birth Anniversary of Gurudev Rabindranath Tagore - Rabindra Sangeet, Rabindra Jayanti competition winners Prize Giving and Hindi Sew Samman held at the Centre
60.	9 th May	161 st Birth anniversary of Gurudev Rabindranath - Tagore Jayanti Musical performances by the disciples of Dr.Nirmala Kumari Rodrigo at the Centre on the occasion of 161st Birth Anniversary celebrations of Gurudev Rabindranath Tagore
61.	16 th May	Ramalana Pirivena Poya day celebration - Vesak Celebrations -Bakthi Gee performance by Colombo

		Oriental Choir at RamalanaPirivena
62.	21 st May	Virtual on the Occasion of World Culture Day An Evening of Instrumental & Vocal performance
63.	1 st June	Brahma Kumari Raja Yoga Centre, Dehiwela A curtain raiser event held on June 1 st , under the theme of 'Blessings through Yoga'in collaboration with at Brahma Kumaris head office, Harmony House . Director of SVCC Dr.Rewant Vikram Singh, inaugurated the event. Ms.Viji from SVCC conducted a yoga session and the talk was given by BK. Ambiga.
64.	1 st June	Curtain Raiser Event – IDY 2022 An online yoga event was conducted by Mr. Ajay Kumbhar, Yoga expert from India under the title, Science of Pranayam Sadhana.
65.	2 June	Curtain Raiser event of IDY 2022 - Benefits of Raja Yoga'. A Yoga session to increase immunity, sharing experiences and creative meditation was organized in collaboration with Brahma Kumaris.
66.	3 rd June	Curtain Raiser Event – IDY 2022 An online yoga session was conducted by Sonal Jain from India on the topic yoga for face and anti-aging exercises
67.	3 rd June	An event was held on the theme of 'Yoga & Cooking' for house wives and those who are interested in quality cooking in collaboration with Brahma Kumaris. BK Chandra conducted a Yoga Drill and B K. Anbumalar delivered a talk on the theme.
68.	4 June	Curtain Raiser event of IDY 2022 -A yoga session was held under the topic of 'Yoga and Power to Discern'. Event started with Yoga session moving around (creative meditation) while observing breath with the commentary guided by B K.Vani.
69.	5 June	Curtain Raiser event of IDY 2022 -B K.Seelan conducted a session on the theme of 'Success through Yoga'.
70.	5 June	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena

		by Shri Ajay Kumbhar, Yoga expert from India
71.	6 th June 7 th June 8 th June 9 th June 10 th June	yoga session which was conducted by BK.Sivamsan, a Panel Discussion was held and BK.Uthaya (Director of Statistics from Government Senses and Statistics Dept.) and BK Sekhar,(an experienced meditation teacher) discussed and shared their experiences on the theme and session was moderated by BK.Dhinesh
72.	13 th June (2 events) 14 th June (4 events) 16 th June (3 events) 17 th June (2 events) 18 th June (5 events) 19 th June (7 events)	IDY 2022 curtain raiser event at Point Pedro, Jaffna - organized together with Astanka Yoga Mandir - Sri Lanka and Velummayilum Foundation and Gnalalayam Yoga Centre.
73.	19 June	A yoga event was organized at Harmony Hall, Dehiwala on the topic of ' Yoga at Home & Work '. BK.Geetha has conducted the asanas and BK.Kalyani gave a talk and the participants shared their experiences , how Raja Yoga help them practically in their day -today life.
74.	14 th June	Yoga event was organized by Mattakuliya family, on the topic of 'Benefits of Yoga'in one of the Hindu schools, BK.Manoharan delivered a talk on the theme and BK.Inthu conducted yoga asanas.
75.	14 th June	Pre IDY event at SivapoomiThiruvassagaAranmanai Temple Navattakuli organized by Swami Vivekananda Cultural Center, Consulate General of India - Jaffna, Astanka Yoga Mandir Sri Lanka, Jazh Yoga Ulaham and eminent Siddha Yoga instructors of Jaffna.
76.	16 th June	Curtain Raiser event of IDY 2022 On the 16 th , day, two events were held, one was

		organized for the staff of the Asia Securities, Colombo. Yoga asanas demonstrated by an instructor from Swami Vivekananda Cultural Centre .BK.Sivathasan spoke on 'Stress Management & Happy Living' and BK.Prathayini conducted the meditation
77.	16 th June	The second event was held in Negombo on the topic of 'The power to Discern, Decide and Face through Yoga'. The program was organized by BK.Sripriya.
78.	17 June	Curtain raiser Yoga event organized at Mallika Elders Home today.
79.	18 June	At Kandana the programme was organized and conducted by BK.Sekar and BK Indhu on the topic of 'Healthy Life through Yoga'.
80.	19 June	Yoga event was held at Bambalapitiya for children by the 'Service Team' for children on the topic of 'Mountain of Strength'.
81.	19 June	An event was conducted by BK.Manoharan at Hindu College, Mattakuliya on the topic of 'Benefits of Yoga'.BK.Inthu conducted the Yoga asanas.
82.	19 June	A curtain raiser organized in collaboration with Siva Vishnu Yoga PeethamIskon, Sri Sri Radha Krishna Temple
83.	19 June	Yoga events were organized at Kotehena Centre and other one at Dematagoda, for police officers. At Dematagoda, 37 Police officers participated. BK.Baskaran organized the event and BK.Ruwan gave the talk on 'Cool Head and Warm Heart'.
84.	19 June	An event organized in collaboration with Siva vishnu yoga peetham ,Sangatamizh Hindu MaaMandram ,Nawagampura , colombo-14 for children.
85.	19 June	Yoga workshop organized at the blissful Galle face, Colombo
86.	19 June	Yoga workshop workshop organized at the Sacred Shri PonnambalawaneswaramKovil

87.	19 June	Yoga workshop organized at the Sacred Gangaramaya Temple
88.	19 June	An event was conducted by BK.Thushy on the topic of 'Yoga and Dance'. She performed a dance, related to the subject and demonstrated few movements and she explained the connection of dance movements and Yoga asanas and did a presentation of the same. Technical support was given by BK.Puvanesh.
89.	20 June	conducted asanas and conducted meditation in a program organized in Nuwara Eliya in collaboration with Assistant Indian High Commission and Lions Club of Nuwara Eliya
90.	21 June	On the occasion of World Music Day, an online vocal music recital by E.A.Akila V. Edirisinghe
91.	21 June	8 th International Day of Yoga in Sri Lanka on 21 June 2022 High Commission of India in Colombo, Consulate General of India in Jaffna, Consulate General of India in Hambantota and the Assistant High Commission of India in Kandy will organize a series of events across different parts of Sri Lanka to mark the 8 th International Day of Yoga on 21 June 2022.
92.	3 July	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by by Shri Ajay Kumbhar, Yoga expert from India
93.	10 July	Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by by Shri Ajay Kumbhar, Yoga expert from India
94.	13 July	On the occasion of Guru Purnima Online Yoga – Ved Vyasa and Yoga by Ajay Kumbhar, Yoga Expert from India

95.	17 th July 24 th July	Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
96.	27 July	Kathak recital by Chilini Bhagya Pandigamage, ICCR Scholar, Diploma in Kathak dance, Kathak Kendra, New Delhi
97.	30 July	World Hepatitis Day Online Yoga – Yoga for Hepatitis by Ajay Kumbhar, Yoga Expert from India
98.	31 July	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
99.	7 August	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
100.	8 th August	Virtual narration by Dr. Shobanan Radhakrishna – Quite India Movement
101.	12 August	On the International Youth Day Online Yoga – yoga for Youth by Ajay Kumbhar, Yoga Expert from India
102.	14 August	Lecture cum demonstration by Dr. SubashiniPathmananthan – History and Development of Colombo Vel Festival
103.	15 August	documentary screening 150th birth anniversary of Sri Aurobindo
104.	15 August	75 Years of Indian independence with HarGharTiranga - a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage Indians to bring the national flag Tiranga home and to hoist it to mark the 75th year of India's independence. Organized in collaboration with Indian expatriates in Colombo
105.	15 August	76 th Independence Day Celebrations - Flag hoisting ceremony and cultural performances

106.	15 August	76 th Independence Day Celebrations – India House and High Commission of India were lit in tri colour
107.	15 August	Ratmalana Pirivena Celebration of 75 Years of India Independence at Parama Dhamma ChethiyaMahaPirivena (a Buddhist Monastic Educational Institute of Sri Lanka) Ratmalana, Sri Lanka
108.	19 August	ISKON, Sri Lanka Janmasshtami celebrations in collaboration with ISKON
109.	21 st August	Tabla recital by Mr. Narendra Gunathilake
110.	21 August	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
111.	26 August	Violin Solo recital
112.	29 August	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga
113.	4 September	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
114.	5 September	On the occasion of the International Day of Charity - Karma Yoga by Ajay Kumbhar, Yoga Expert from India
115.	5 September	Online cultural programmes by students and teachers of SVCC on the occasion of Teachers Day celebrations to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan.
116.	8 September	Onam celebrations by Indian Diaspora
117.	11 September	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena

		by Shri Ajay Kumbhar, Yoga expert from India
118.	14 September	Hindi Diwas Celebrations – Cultural events and certificate distribution ceremony. His Excellency Shri Gopal Baglay graced the occasion as Chief Guest.
119.	17 September	Mahabodhi Society Sri Lanka On the occasion of the commemoration of 158 Birth Anniversary of Srimath Anagarika Dharmapala, the Mahabodhi Society of Sri Lanka gifted a statue of Lord Buddha to Rewant Vikram Singh , Director ICCR in Sri Lanka , through the hands of His Excellency Dinesh Gunawardena, the Prime Minister of Sri Lanka and Hon. Vidura Wickremanayake, Minister of Buddhadasana, Religious, and Cultural Affairs
120.	21 September	Kathak Solo by Nritya Nipun, Shasthrapathi Hansa Himavanthi
121.	21 September	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
122.	23 September	Certificate Distribution & Felicitation Ceremony: "Conversation Proficiency Certificate Course in Hindi" for Sri Lanka Police Force Chief Guest, His Excellency Gopal Baglay, High Commissioner of India to Sri Lanka, felicitated 34 Sri Lanka Police personnel of Batch 1 on successful completion of their 6 months 'Conversation Proficiency Certificate Course in Hindi'. His Excellency also welcomed 54 new students of Batch 2 from Sri Lanka Police Force. Hon. C.D. Wickramaratne, Inspector General of Police, Sri Lanka, was the Guest of Honour. About 125 distinguished officers and staff of Sri Lanka Police graced this special occasion
123.	24 September	Monthly Lecture Series Online Introduction to Ayurveda by Dr. S.R. Pholton Rajeev in collaboration with Astanka Yoga Mandhir

124.	25 September	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
125.	25 September	Onam Celebrations in collaboration with World Malayalee federation and Kerala Samajam, Sri Lanka at the centre
126.	29 September	Guru Dakshina– An evening of Music and Dance by Guru Moksha Samarasooriya and her disciples
127.	30 September	Garba and Dandiya Night at the centre
128.	1 – 5 November	Sri ManikkaVinayagaPillaiyaar Temple, Colombo 04. Durga Pooja.
129.	2 November	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
130.	5 October	SVCC, High Commission of India, Colombo in collaboration with Sri Lanka India society and Bandaranike Centre for International studies organized Gandhi Oration .Dr Vinya Ariyaratne (President Sarvodaya Shramadana Movement) delivered the talk
131.	9 & 10 October	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India
132.	16 th October	On the Occasion of World Spine day Topic: Yoga for Spine by Shri Ajay Kumbhar, Yoga expert from India
133.	21 October	Diwali Celebrations at SVCC, Colombo included cultural performances, Mehendi corner, Indian décor and food corner.
134.	23 October	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

135.	23 October	To commemorate the 7th Ayurveda Day, Swami Vivekananda Cultural Center, the cultural arm of the High Commission of India, Colombo, organized a special exhibition on the theme "Ayurveda Everyday, Ayurveda Everywhere " for Sri Lanka Police force. The key objective of the exhibition was to spread awareness about Ayurveda for better health and living. Acting High Commissioner Vinod K. Jacob graced the occasion as Chief Guest.
136.	23 October	To commemorate the 7th Ayurveda Day, Swami Vivekananda Cultural Center, the cultural arm of the High Commission of India, Colombo, organized an online talk – Clinical Yoga and Ayurveda by Shri Ajay Kumbhar, Yoga expert from India
137.	25 October	SVCC, Colombo in collaboration with Parama Dhamma ChethiyaPirivena Ayurveda Unit organized Ayurveda Day. Lectures were given Indian and Sri Lankan Ayurveda experts. Dr. Vasudha M.Sharma on Ayurveda Aahar, Dr. D.P.D.G. Wijerathne on Ayurveda for Senior Citizens, Dr. HareshaAravindaPerera on Nutrition during pregnancy and Dr. R.M.C.T.K. Rathnayake on Ayurveda for holistic health.
138.	30 October	SVCC, High Commission of India, Colombo organized Unity Run Members of the Indian diaspora along with the staff of the Mission participated in this Unity Run
139.	31 October	High Commission of India, Colombo High Commissioner and other officials of India in Sri Lanka (High Commission of India, Colombo) paid floral tributes to #SardarVallabhbhaiPatel on #Rashtriya Ekta Diwas2022. High Commissioner administered the #RashtriyaEktaDiwa s pledge on the occasion.
140.	31 October	Online An Online Exhibition " SARDAR PATEL the Architect of Unification" On The Occasion of "NATIONAL UNITY DAY
141.	31 October	Online Talk on Sardar Patel A Supreme Leader with Exemplary Qualities for IMby Dr. Shobhana Radhakrishna
142.	6 - 27 every Sunday November	Monthly Lecture Series Online Yoga lecture/workshop Online Yoga by Shri Ajay Kumbhar, Yoga expert from India

143.	9 November	Guru Nanak Jayanti at India House
144.	11 November	Friday Matinee Film: Queen (Hindi) SVCC Auditorium
145.	18 November	Mohabbatein (Hindi) Venue: SVCC Auditorium
146.	21 November	On the occasion of World Philosophy day Yoga Philosophy by Ajay Kumbhar, Yoga Expert from India
147.	24 November	Online Lecture with appropriate historical visual illustration and demonstration "Indian dance influence on Sri Lanka from 10th to 20th century" By Dr. SubashiniPathmanathan, Renowned dancer cum outstanding scholar
148.	26 November	Children Art Competition (all island participation)
149.	26 November	Constitution Day Celebrations
150.	2 December	Jatka Katha – Audio book launch
151.	3 December	Monthly Lecture on the Occasion of Geeta Jayanti – Bakti Yoga by Ajay Kumbhar
152.	9	Friday Maitnee- Fanaa
153.	10December	Indian Food Festival to celebrate the Christmas seasons
154.	12 December	On the occasion of International universal health coverage Day yoga for health and happiness by Ajay Kumbhar
155.	4,11,18 and 25 December	Monthly Lecture Series Online Yoga lecture/workshop sessions for Param Dhamma Chaitya Pirivena, Ratmalana by Shri Ajay Kumbhar, Yoga expert from India

Visit of Cultural Troupes

Renowned Odissi exponent Moumitavaats and her group for the Republic Day celebrations January 2022

Stand-alone Indian Festivals/Fairs

10December	Indian Food Festival to celebrate the Christmas seasons
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India's participation in Festivals/Fairs

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Visit of Writers/Poets/Professional/Distinguished visitors

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Screening of India films/ India's participation in film festivals:-

11 November	Friday Matinee Film: Queen (Hindi) SVCC Auditorium
18 November	Mohabbatein (Hindi) Venue: SVCC Auditorium

Indian exhibitions:-

A photographic exhibition of Buddhist Monuments and Art Heritage on 28th January 2022 on the occasion of Republic day Celebrations

Celebrations of Indian festivals

February 5, 2022	Saraswathi Pooja in association with Indian Expatriates association in Colombo at Womens Hall, Colombo
19 August	ISKON, Sri Lanka Janmasshtami celebrations in collaboration with ISKON
25 September	Onam Celebrations in collaboration with World Malayalee federation and Kerala Samajam, Sri Lanka at the centre
30 September	Garba and Dandiya Night at the centre

1 – 5 November	Sri ManikkaVinayagaPillaiyaar Temple, Colombo 04. Durga Pooja.
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