



Indian Council for Cultural Relations
भारतीय सांस्कृतिक सम्बंध परिषद्

SWAMI VIVEKANANDA CULTURAL CENTRE
HIGH COMMISSION OF INDIA
COLOMBO
SRI LANKA

REPORT ON ACTIVITIES HELD
AT THE
CENTRE DURING THE MONTH OF
MAY 2026

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S.N.O	Date	Name of artiste/ group
1.	1 May 2026	AN ONLINE YOGA SESSION ON BUDDHA PURNIMA YOG DHYAN & MEDITATION SESSION by Ajay Kumbar from India.
2.	4 May 2026	High Commission of India, Colombo celebrated the 77th Foundation Day of ICCR today! Hon. Muneer Mulaffer, Deputy Minister of Religious and Cultural Affairs & Mr. Tilvin Silva, General Secretary JVP Srilanka graced the event as Chief Guest. The presence of a diverse gathering of ICCR Alumni across fields of academia, classical arts etc enriched the gathering.
3.	8 May 2026	Film Sreening – WAR movie was held at SVCC
4.	10 May 2026	A Peaceful Mother Peaceful World - Yoga for Inner Strenth" Organized by AUM Kriya Babaji Yoga Aranyam , The Brahma Kumaris Rajayoga Centre Sri Lanka in collaboration with Swami Vivekananda Cultural Centre as part of International Day of Yoga 2026 on 10th May 2026. 40 mothers participated in the program. The event began with welcoming and honoring the mothers with Tilak and a special Mother's Day badge. This was followed by an ice-breaking session. The Aum Kriya Babaji Organization conducted breathing exercises and asanas for the participants. Later, a talk on the topic of spirituality and well-being was delivered by the Brahma Kumaris Raja Yoga Center, followed by a creative meditation session.
5.	11 May 2026	Echoes of Rabindranath Tagore filled the halls of ICCR Sri Lanka yesterday as we celebrated Gurudev Rabindranath Tagore's 165th Birth Anniversary. The evening came alive with enchanting performances of Rabindra Sangeet by Asith Attapattu and his ensemble, while Mrs. Jayanti Ray beautifully showcased Tagore's timeless vision through her graceful presentation.
6.	12 May 2026	commemoration of the 165th Birth Anniversary of Nobel Laureate Rabindranath Tagore, a floral tribute and garlanding ceremony of Gurudev Rabindranath Tagore's bust was organized by the Centre for Contemporary Indian Studies in collaboration with the Swami Vivekananda Cultural Centre, High Commission of India, Colombo, on 11th May 2026 at the Main Library of the University of Colombo. The event was held under the distinguished patronage of H.E.Santosh Jha, High Commissioner of India to Sri Lanka, and Professor Indiaka Mahesh Karunathilaka, Vice Chancellor of the University of Colombo. Distinguished invitees and guests also participated in the ceremony, paying tribute to the timeless legacy of Gurudev Rabindranath Tagore
7.	12 May 2026	An inspiring evening of learning, wellness, and harmony at the 22nd Educational Meeting of the Colombo Toastmasters Club as part of the International Day of Yoga celebrations was conducted by Vyasa KalyanaSundaram. Yoga Expert.

8.	12 May 2026	Centered on the theme “IQ + EQ + SQ = Smart Professional & Great Human Being,” the session brought together thought leaders, yoga enthusiasts, and professionals to promote the message of “Yoga for Harmony & Peace.”Grateful to the keynote speaker, participants, and partner organizations for making the event meaningful and memorable. Together, let us continue to embrace wellness, mindfulness, and inner balance through yoga
9.	13 May 2026	Film Sreening – PADMAVAT movie was held at SVCC
10.	16 May 2026	Creativity came alive at our “Drawing with Number Tricks” Library Workshop! The children had a wonderful time turning numbers into amazing drawings through fun, imagination, and learning. A joyful day filled with smiles, creativity, and young artistic talent.
11.	17 May 2026	An Online yoga session on the occasion of world hypertension day yoga for hypertension by Ajay Kumbar from India.
12.	17 May 2026	A beautiful evening of meditation, harmony, and collective spiritual upliftment held in collaboration with SVCC and Art of Living. Organized by the Brahma Kumaris Raja Yoga Center Sri Lanka, the program brought together individuals united by the vision of inner peace and a peaceful world.
13.	19 May 2026	A beautiful celebration of Community & Unity – Yoga for Humanity, held as a curtain raiser event for the International Day of Yoga by Nagaratnam Yoga Centre in collaboration with Swami Vivekananda Cultural Centre.
14.	19 May 2026	Celebrated International Yoga Day with little minds and joyful hearts at Mirra AMI Montessori. special yoga session, organized by Nagaratnam Yoga Centre in collaboration with SVCC, was filled with smiles, mindfulness, movement, and positive energy.
15.	19 May 2026	Niruthya Nithyalaya Academy of Dance proudly showcased a spectacular celebration of classical dance, where every performance reflected passion, dedication, and cultural heritage. From vibrant costumes to expressive movements, the stage came alive with the spirit of the epic tale.
16.	20 May 2026	Moments from our Curtain Raiser Programme for International Day of Yoga at Apeksha Hospital, Maharagama (Cancer Hospital). A small effort to share positivity, strength, and hope through wellness and togetherness.
17.	20 May 2026	Bridging cultures through language - The launch of Phonology and Morphology of Modern Marathi by Ven. KapugollaweAnandakiththi at the Swami Vivekananda Cultural Centre celebrated the power of languages in connecting people beyond borders. The event was graced by Mr.Maitrey Kulkarni Counsellor (Development Cooperation) as Chief Guest. Ms. Roshni Thomson, First Secretary (PI&C), Deans, Academicians, and students also

		participated in the book launch, marking a meaningful contribution to linguistic studies and Indo–Sri Lankan cultural ties.
18.	20 May 2026	Film Screening – DANGAL movie was held at SVCC
19.	22 May 2026	Pranam – An Evening in Tribute to Gurudev Rabindranath Tagore organized in collaboration with Tagore Society of Sri Lanka. A memorable celebration commemorating the 165th Birth Anniversary of Gurudev Rabindranath Tagore, filled with music, culture, literature, and artistic performances. Ms. Roshini Thomson, First Secretary – Press, Information & Culture, High Commission of India, Colombo, who graced the occasion as the Chief Guest. The evening was further enriched by an inspiring talk on “Tagore’s Legacy” delivered by Kala Keerthi Dr.RavibandhuVidyapathi, along with captivating musical and cultural performances
20.	24 May 2026	As a curtain raiser to the International Day of Yoga 2026 celebrations, the Swami Vivekananda Cultural Centre conducted a special Yoga programme at Parama Dhamma Chethiya Pirivena.
21.	25 May 2026	As part of the International Day of Yoga 2026 celebrations, Nagaratnam Yoga Centre conducted a special yoga session for the children of Tiny Hearts Montessori, Wellawatte.
22.	29 May 2026	empowering educators through the gift of yoga As part of the International Yoga Day 2026 celebrations, “Yoga for Teachers – Calm Mind, Sharp Focus” brought together teachers for a refreshing session focused on wellness, mindfulness and inner balance. A meaningful initiative by Rummy Yoga in collaboration with the Swami Vivekananda Cultural Centre, High Commission of India Colombo, inspiring teachers to nurture calm minds, positive energy and holistic well-being.
23.	27 May 2026	A meaningful and inspiring session organized by the Ayu Suwa Yoga Unit of the Ayurveda Community Medical Service in collaboration with Swami Vivekananda Cultural Center, High Commission of India. The program focused on promoting inner peace, healthy living, mindfulness, and the timeless wisdom of yoga and Ayurveda for a healthier society and a peaceful world.
24.	28 May 2026	Yoga & Wellness for the children was organised by AAYUL Yoga Studio in collaboration with SVCC, the session focused on mindfulness, wellness, healthy living, and spreading positivity through yoga.
25.	30, 31 May 2026	The Brahma Kumaris Raja Yoga Centre, in collaboration with the Swami Vivekananda Cultural Centre of the High Commission of India in Colombo, successfully conducted a two-day Vesak programme at Harmony House, Dehiwala. Over the course of the two days, visitors participated in a range of

		meaningful and enriching activities, including a Dansala, a Raja Yoga Pictorial Exhibition, and Hatha Yoga instruction sessions. The event also featured curtain-raiser activities for the International Day of Yoga alongside a free book distribution, all of which contributed to promoting mindfulness, well-being, and spiritual awareness among the participants. On the second day, distinguished Hatha Yoga instructors from the Art of Living Foundation and the Yogamitha Yoga Ashram conducted special sessions focusing on Hatha Yoga asanas, pranayama, and breathing techniques, highlighting their physical and mental health benefits. Informative flyers were also distributed to the attendees..
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