

**High Commission of India
Colombo**

Subject: AKAM activities for May 2022

S.No Week Dates Activities Undertaken

i. Week 60 (25th Apr- 1st May 2022 1st May (2 events)

Event No. : 01 Theme: India's rich cultural heritage

Date: 1 May Venue: Virtual

Details: Monthly Lecture Series Online Yoga lecture/workshop Online Yoga - at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

Event No. :02 Theme: India's rich cultural heritage

Date: 1st May Venue: Virtual Details: Curtain Raiser Event - IDY 2022

Online Yoga - On the Occasion of World Laughter Day - Laughter Yoga by Ajay Kumbhar, Yoga Expert from India

ii. Week 61 (2nd -8th May,2022) 3rd May-5th May 8th May (2 events)

Event No. :03 Theme: India's rich cultural heritage

Date: 3rd May Venue: Virtual Details: Curtain Raiser Event - IDY 2022

Online Yoga - On the Occasion of World Asthma Day - Yoga for Asthma by Ajay Kumbhar, Yoga Expert from India

Event No. :04 Theme: India's rich cultural heritage

Date: 5th May Venue: Virtual Details: Curtain Raiser Event - IDY 2022

Online Yoga - yoga for spinal health by Sonal Jain

Event No. :05 Theme: India's rich cultural heritage

Date: 8th May Venue: Virtual Details: Curtain Raiser Event - IDY 2022

Online Yoga - On the Occasion of World Red Cross Day - Yoga for Universal Peace and Harmony by Ajay Kumbhar, Yoga Expert from India

Event No. : 06 Theme: India's rich cultural heritage

Date: 8th May Venue: Virtual

Details: Monthly Lecture Series Online Yoga lecture/workshop Online Yoga - at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

iii. Week 62 (9th - 15th May,2022) 9th May (4 events) 15th May

Event No. : 07 Theme: India's rich cultural heritage Date: 9th May

Venue: Physical - University of Colombo

161st Birth Anniversary of Gurudev Rabindranath - Tagore Jayanti in collaboration with Centre for Contemporary Indian Studies, University of Colombo. Acting High Commissioner of India to Sri Lanka His excellency Shri Vinod K. Jacob garlanded the bust of Gurudev Rabindranath Tagore

Event No. : 08 Theme: India's rich cultural heritage
Date: 9th May Venue: Physical – Sri Palee Campus Horana

161st Birth Anniversary of Gurudev Rabindranth - Tagore Jayanti

Organized a cultural program at the campus to pay tribute to Gurudev Rabindranath Tagore. Dr. Rewant Vikram Singh, Director, SVCC, the Rector of **Sri Palee campus**, Prof. Prathibha Mahanamahewa, & the distinguished professors, staff, and students of Sri Palee campus offered floral tributes to the bust of Gurudev Rabindranath Tagore

Event No. : 09 Theme: India's rich cultural heritage

Date: 9th May Venue: Physical – SVCC, Auditorium

161st Birth Anniversary of Gurudev Rabindranth - Tagore Jayanti

On the occasion of 161st Birth Anniversary of Gurudev Rabindranath Tagore - Rabindra Sangeet, Rabindra Jayanti competition winners Prize Giving and Hindi Sew Samman held at the Centre

Event No. : 10 Theme: India's rich cultural heritage

Date: 9th May Venue: Physical – SVCC, Auditorium

161st Birth Anniversary of Gurudev Rabindranth - Tagore Jayanti

Musical performances by the disciples of Dr. Nirmala Kumari Rodrigo at the Centre on the occasion of 161st Birth Anniversary celebrations of Gurudev Rabindranath Tagore on 9th May

Event No. : 11 Theme: India's rich cultural heritage

Date: 15th May Venue: Virtual Details: Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

iv. Week 63 (16th – 22nd May, 2022) 16th May (2 events) 21st May 22nd May

Event No. : 12 Theme: India's rich cultural heritage

Date: 16th May Venue: Virtual Details: Curtain Raiser Event – IDY 2022

Online Yoga - On the occasion of Buddha Day - Buddha and Yoga by Ajay Kumbhar, Yoga Expert from India

Event No. : 13 Theme: India's rich cultural heritage

Date: 16th May Venue: Physical - Ratmalana Pirivena Poya day celebration - 22

Monday, 16th at 6 p.m.

Vesak Celebrations – Bakthi Gee performance by Colombo Oriental Choir at Ratmalana Pirivena

Event No. : 14 Theme: India's rich cultural heritage Date: 21st May

Venue: Virtual On the Occasion of World Culture Day

An Evening of Instrumental & Vocal performance by Sangit Nipun, Vadya Visharad Pamalka Manjitha Karunanayake Director of SASANI Institute For Music - Sri Lanka

Event No. : 15 Theme: India's rich cultural heritage

Date: 22nd May Venue: Virtual

Details: Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

v. Week 64 (23rd May – 29th May 2022) 25th May - 29th May

Event No. :16Theme: India's rich cultural heritage

Date: 25th MayVenue: Virtual Details: Curtain Raiser Event – IDY 2022

Online Yoga - On the occasion of World Thyroid day - Yoga for Thyroidby Ajay Kumbhar, Yoga Expert from India

Event No. :17

Theme: India's rich cultural heritageDate: 29th May Venue: Virtual

Details: Monthly Lecture Series Online Yoga lecture/workshop Online Yoga – at Ratmalana Pirivena by Shri Ajay Kumbhar, Yoga expert from India

vi. Week 65 (30th May -5th Jun 2022) -
