



Indian Council for Cultural Relations
Sri Lanka
Swami Vivekananda Cultural Centre
Rajaguru Mahavihara, Colombo

Sanskarika

Newsletter of the Swami Vivekananda Cultural Centre

MARCH 2026

EVENTS CALENDAR – MARCH 2026

WED	4 6:00 am	ONLINE YOGA SESSION ON THE OCCASION OF WORLD OBESITY DAY by Ajay Kumbhar, Yoga Expert from India
	5 4:00 pm	BOOK LAUNCH "BUDDHA'S PHYSICIAN" (English Novel) AND "PAPURAKA JIVAKA" (Sinhala Novel) Authored by Dr. Ajantha Seneviratne Venue – SVCC, Auditorium
FRI	6 10:00 am	INTERNATIONAL WOMEN'S DAY YOGA FOR WOMEN'S WELLBEING Lecture by Dr. Aneshaa Rajandram MBBS, India, Yoga therapist, Astanka Yoga Mandir, Sri Lanka, Medical officer International Patient Care -AAYUSH Yoga Therapy & Varmology Center Venue – SVCC, Auditorium
	3:30 pm	FRIDAY MATINEE – CHAKDE INDIA (HINDI) Directed: Shimit Amin Starring: Shah Rukh Khan Venue: SVCC Auditorium
MON	9 2:30 pm	EXPRESSION OF EMOTION: ANGIKABHINAYAM IN INDIAN DANCE TRADITIONS By Dr. Amali Nisansala Perera, Visharad In Bharatnatyam, Kathak And Manipuri (Bsv, Lucknow) In Collaboration With CCIS Venue: SVCC Auditorium

THU	12 6:00 am	ONLINE YOGA SESSION ON THE OCCASION OF WORLD KIDNEY DAY by Ajay Kumbhar, Yoga Expert from India
FRI	13 5:00 pm	FILM SCREENING – IRAVIN NILAL (TAMIL) Directed by R. Parthiban Starring R. Parthiban, Brigida Saga, Varalaxmi Sarathkumar, Robo Shankar, Priyanka Ruth, Anandha Krishnan, Jai Bala Venue: SVCC Auditorium
FRI	20 6:30 pm	YUGAM: KATHAK DANCE SHOWCASE Curated and directed by Vihanga Rukshan, Founder of Edgevin Vihan Dance Company and Guru of Vikram Singhe Gandharva Vidyalaya, the showcase features a Kathak solo performance by Amritha Shvethambari, along with performances by the Kathak students of Vikram Singh Gandharva Vidyalaya. Venue: SVCC Auditorium
FRI	27 4:30 pm	SARGAM, HINDI MUSICAL EXTRAVAGANZA by Ajith Jayaratne Venue: SVCC Auditorium

Free Events. All are cordially invited.



We Conduct **CLASSES** on
Bharatha Natyam, Kathak, Sitar, Violin,
Tabla, Carnatic Vocal, Hindustani

Vocal, Yoga and Hindi

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For upcoming facebook live events, visit www.facebook.com/ICCRSriLanka

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SRI TYAGARAJA AARADHANA

Cultural Tapestry

A sublime musical offering- an evening where the shared Carnatic music traditions of India & Sri Lanka came to life in Colombo! High Commissioner Santosh Jha inaugurated the 20th edition of the annual Thyagaraja Aaradhana, organised by ICCR in Sri Lanka at the Hindu Educational Society of Sri Lanka on Feb 20. Carnatic Musicians from across Sri Lanka joined in and brought to life, the transcendent compositions of Saint Thyagaraja.



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