



Indian Council for Cultural Relations
स्वामी विवेकानन्द सांस्कृतिक केंद्र
Swami Vivekananda Cultural Centre
High Commission of India, Colombo

Sanskarika

Newsletter of the Swami Vivekananda Cultural Centre

JULY 2026



सत्यमेव जयते

भारतीय सांस्कृतिक केन्द्र,
कोलंबो का उद्घाटन
भारत के प्रधानमंत्री,
श्री अटल बिहारी वाजपेयी
के कार्यक्रमों द्वारा
दिनांक 30 जुलाई, 1998 को
किया गया।

The Indian Cultural Centre,
Colombo
inaugurated by
The Prime Minister of India,
Shri Atal Bihari Vajpayee
on 30th July, 1998.



SWAMI VIVEKANANDA CULTURAL CENTRE

1998 - 2026

28 YEARS

EVENTS CALENDAR – JULY 2026

WED	8 5:00 pm	FILM SCREENING – HICHKI (HINDI –116mins) Directed by Siddharth P. Malhotra Starring: Rani Mukerji Venue: SVCC Auditorium
	1.00 pm to 4.00 pm	TABLA WORKSHOP by Pandit Angshubha Banerjee Time: 1.00PM to 4.00PM Venue: SVCC Auditorium
FRI	10 5.00 pm to 6.00 pm	TABLA SOLO by Pandit Angshubha Banerjee VOCAL RECITAL by Shasthraphathi Sangeeth Nipun Udeni Harshamali Venue: SVCC Auditorium
	17 5:00 pm	FILM SCREENING – ANDHADHUN (HINDI –138mins) Directed by Sriram Raghavan Starring: Tabu, Ayushmann Khurrana, Radhika Apte, Anil Dhawan Venue: SVCC Auditorium
SUN	19	TELUGU – SRI LANKA CULTURAL CONNECT PROGRAMME Venue: SVCC Auditorium
TUE	21 5:30 pm	GURU PURNIMA TALK & BHAJANS Umayal Venugopal Disciple of Swami A. Parthasarathy Venue: SVCC Auditorium
THU	23 6:00 pm	CARNATIC VOCAL RECITAL by Manickam Yogeswaran Singer & Composer disciple of 'Badmabushan' 'Sangita Kalanidhi' Dr T. V. Gopalakrishnan, India
FRI	6:00 am	ONLINE YOGA SESSION "Yoga-Based Self-Care Strategies for Enhancing Physical, Mental and Emotional Well-being"
	24 5:00 pm	INTERNATIONAL SELF-CARE DAY by Ajay Kumbhar, Yoga Expert from India FILM SCREENING –QUEEN (HINDI –148mins) Directed by Sriram Raghavan Starring: Tabu, Ayushmann Khurrana, Radhika Apte, Anil Dhawan Venue: SVCC Auditorium
TUE	28 6:00 am	ONLINE YOGA SESSION – WORLD HEPATITIS DAY "Yoga for Liver Health: Scientific Approaches to Metabolic Wellness and Immune Resilience" by Ajay Kumbhar, Yoga Expert from India
THU	30 6:00 pm	ON THE OCCASION OF SWAMI VIVAKANANDA CULTURAL CENTRE, COLOMBO FOUNDATION DAY KATHAK PERFORMANCE by Ms. Oshadhi Nirmanee Bachelor of Performing Arts (B.P.A) "Nritya Visharad" Bhatkhande Sanskriti Vishwavidyalaya Lucknow, India Venue: SVCC Auditorium

Free Events. All are cordially invited.

For upcoming facebook live events, visit www.facebook.com/ICCRSriLanka

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GLIMPSES OF INTERNATIONAL YOGA DAY 2026

in month of June 2026

Cultural Tapestry

"International Day of Yoga 2026" was celebrated at Independence Square in Colombo, a harmonious gathering hosted by the Swami Vivekananda Cultural Centre and the High Commission of India in Colombo.



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Cultural Tapestry



GLIMPSES OF "ISLAND OF WELLNESS: YOGA ACROSS SRI LANKA"

INTERNATIONAL DAY OF YOGA 2026 CELEBRATED ON 18TH JUNE AT 112 AYURVEDA CENTRES NATIONWIDE

 District Ayurveda Hospital, Galle	 Rural Ayurveda Hospital, Ballaketuwa, Uva Province	 Rural Siddha Hospital, Yogapuram, Mullaitivu, North Province	 Maralla Ayurvedic Hospital	 Ravagala Ayurvedic Central Dispensary	 Kalthudy Siddha Teaching Hospital	 Walgama Hospital	 Base Ayurveda Hospital, Kappalthurai Trincomalee	 Ayurveda Hospital - Luddamgastanda	 Rural Siddha Hospital, Nainamadu
 Rural Siddha Hospital, Kereveddy, Northern Province	 Siddha Teaching Hospital, KATHIRU, Jaffna	 Rural Ayurveda Hospital, Theluppalai, Mannar	 Ayurvedic Hospital, Kankumugala	 Siddha Teaching Hospital, Konesapuri Trincomalee	 District Siddha Hospital, Mannar, Northern Province	 Kegalla Ayurveda Base Hospital	 Ayurveda Hospital, Pussella Parakaduwa, Sabaragamuwa Province	 Pinnawala Panchalaikma Unit	 Provincial Ayurveda General Hospital, Diyathalawa
 Northern Province - Mannar District, Rural Siddha Hospital - Tallemadu	 Kiribbanwewa District Ayurveda Hospital, Sewamagala, Uva Province	 Padaviya Ayurvedic Rural Hospital	 Central Siddha Dispensary, Killinchi	 Rural Ayurveda Hospital, Thambellegama (North Central Province)	 Government Ayurveda Hospital, Walpamulla, Galle	 Siddha Teaching Hospital, Konesapuri Trincomalee	 Rural Ayurvedic Hospital - Onthachimadam	 Yurveda Hospital, Wariyapala	 Haldummulla Ayurveda Central Dispensary
 Unani Ayurveda Research Hospital, Manthamhodawal, Batticaloa	 Rural Siddha Hospital, Theluppalai	 Rajawala Centre	 Community Health Promotion Service, Anuradhapura - Nanupa Division	 District Siddha Hospital, Jaffna	 Rural Siddha Hospital, Panditaruppu, Sandilpal Division, Cmo	 Bmari, Navinna	 Ayurvedic Hospital, Kudalagamawa	 Siddha Rural Hospital, Eraperiyakulam	 Royal Kids Prechool, Dambelawa
 Ambalangoda Ayurveda Hospital	 Ayurvedic Hospital, Embilipitiya	 Base Siddha Hospital, Killochchi	 Tests At The Ayurvedic Hospital	 Central Dispensary, Bellihoya	 Ayurveda Hospital, Rakwana	 Dr. M. V. Lionel, M.D. Ayurvedic Hospital, Morayaya	 District Ayurvedic Hospital, Ninthavur, Eastern Province	 Siddha Ayurvedic Base Hospital, Puthukudyiruppu, Batticaloa	 D. B. Welagedara Ayurvedic Hospital, Kurunegala
 Gamusha Wickramarachchi Ayurveda Teaching Hospital, Yakkalam	 Rural Ayurveda Hospital, Pessala, Mannar	 Matara District, Kirinda Pothulwella Divisional Secretariat	 Grimman Ramdammayaka Memorial Ayurvedic Research Hospital, Ampara	 Chamal Rajapala Ayurvedic Hospital, Hambantota	 Ayurvedic Hospital, Mahudala	 Ayurveda Central Dispensary, Galapitawewa	 Base Ayurveda Hospital, Eravur, Batticaloa	 District Ayurvedic Hospital, Kalumana, Eastern Province	 Madulla Central Ayurveda Dispensary
 Kiribbanwewa Ayurveda Hospital	 Abapaduwa Uvaperanagama Division	 Sewaragala Division	 Provincial Ayurveda Hospital, Anuradhapura	 Siddha Central Dispensary, Welioya					

ORGANIZED BY DEPARTMENT OF AYURVEDA, MINISTRY OF HEALTH AND MASS MEDIA, SRI LANKA AND SWAMI VIVEKANANDA CULTURAL CENTRE, HIGH COMMISSION OF INDIA, COLOMBO